

“ There is more to us than we know. If we can be made to see it, perhaps for the rest of our lives we will be unwilling to settle for less.

”

_____ Kurt Hahn, _____
Co-Founder of Outward Bound



Jurong Secondary School

Parents Briefing for MOE-OBS Challenge Programme

Course dates:

24 to 28 August 2026

Teacher coordinator:

Mr Ler Jun Yi

E-mail address of teacher coordinator:

ler_jun_yi@schools.gov.sg, jurong_ss@moe.edu.sg



Ministry of Education
SINGAPORE



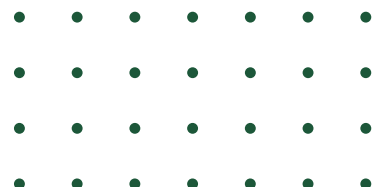
Content

01 What is the MOE-OBS Challenge (MOC) Programme?

02 Safety – Our Top Priority

03 How do I eRegister my child?

04 How can I help to prepare my child for the MOC?



The background image shows a large, multi-story school building with a traditional tiled roof and a central entrance. In the foreground, there is a circular paved area with a large, raised emblem. The emblem features a star in the center, surrounded by the words 'SINGAPORE' and 'NATIONAL SERVICE'. Below the star, the words 'TO SERVE TO STRIVE AND NOT TO YIELD' are inscribed. The entire image has a green tint.

1



What is the MOE-OBS Challenge (MOC) Programme?

A holistic education

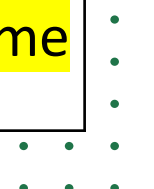
- As part of the **National Outdoor Adventure Education Masterplan**, students will have opportunities outside the classroom to develop holistically; building up their **ruggedness** and **resilience**.
- **Authentic learning experiences** help our students to develop 21st century competencies as well as competencies for **sustainable, active and healthy living**.



Outdoor adventure learning experience for all



| Lower Primary | Upper Primary | Lower Secondary | Upper Secondary |
|---|---------------------------------------|---------------------------------------|-----------------------------|
| Programme for Active Learning (Outdoor Education) | Outdoor Adventure Learning (OAL) Camp | Outdoor Adventure Learning (OAL) Camp | MOE-OBS Challenge Programme |



Outdoor adventure learning

1. Outdoor Education is a component of curriculum in our schools. The MOC Programme is an expedition-based course that will bring together students from various schools, allowing them to interact and work together to overcome various challenges.
2. The experience will provide opportunities for students to:
 - a) Build camaraderie through working together in unfamiliar yet authentic situations;
 - b) Be resilient, have empathy and maintain a positive attitude when faced with adversity.
3. Through overcoming challenging obstacles with their peers, participants learn that it is possible to be innovative and to adapt to their surroundings.



What will my child learn from the MOC?

Confident Person & **Resilience**

Thriving in an unfamiliar environment with other students.

Social Cohesion

Working together with students from various schools to achieve a common objective.

Concerned Citizen

Different roles they can play as a resident to the community and environment.



Your child's journey

Pre-Course Lessons & Preparation

- Outdoor Education in PE lessons
- Character and Citizenship Education (CCE) lessons
- Pre-course lesson with Form Teacher
- School briefing to cohort



MOC Course

- Students share their experiences and learning from the course
- Reflect on commitment that they set for themselves during the course – on their actions and behaviour, interactions with others and the environment



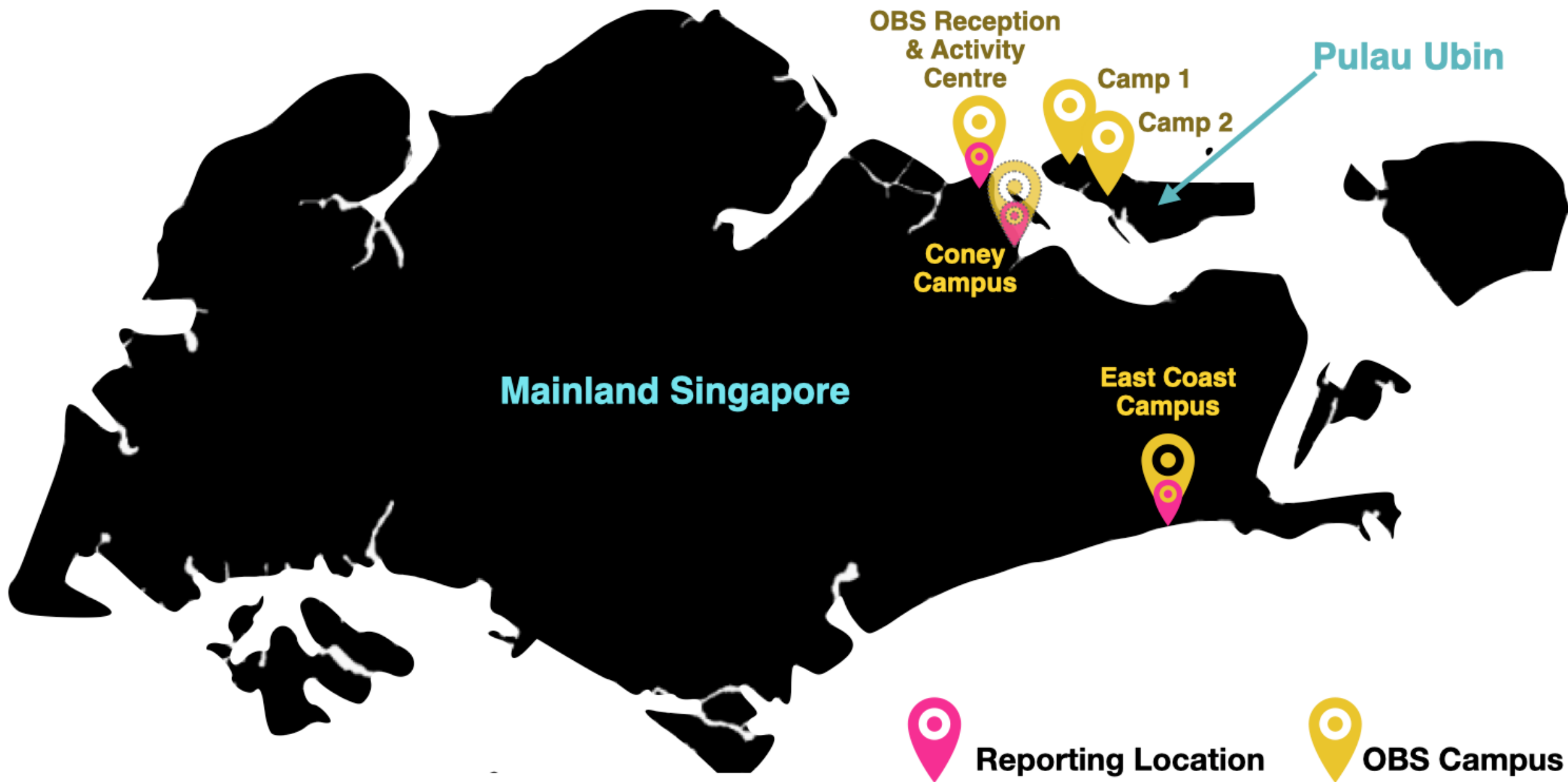
Post-Course Lessons & Reflections

- Develop character and learn values and skills through doing and reflection
- Learning in outdoor classroom



Sample of an MOC course

| First Day | ←————→ | Last Day |
|---|---|--|
| Objective: Team Socialisation | Objective: Building competence & confidence by overcoming challenges as a team | Sharing of Feedback, Transfer of Learning |
| <ul style="list-style-type: none">• In-process administration• Ice breaker• Expectation setting• First aid briefing• Team problem solving activities• Expedition preparation | <ul style="list-style-type: none">• Expedition preparation, journaling, morning circle• Land and water-based expeditions• Wash up, tent pitching, outdoor cooking | <ul style="list-style-type: none">• Peer affirmation• Commitment activity• Sharing of feedback• Transfer of learning• Final debrief• Certificate presentation |
| Debriefing / Journaling / Sharing of reflection / Lights out | | |



A woman and a child are rappelling down a rope. The woman is in the foreground, wearing a blue cap and a red long-sleeved shirt. The child is behind her, wearing a grey cap and a yellow shirt. They are both holding the rope and looking down. The background is a blurred green forest.

2

**Your child's safety is
our top priority**

Your child's safety is our top priority

As the pioneer in Singapore's outdoor adventure education, OBS upholds and delivers quality outdoor adventure programmes



Programme designed with safety in mind



Qualified and certified instructors in First Aid



Registered nurses manning the Medical Centre



In an unlikely event your child requires medical attention

Student does not require further medical attention



OBS will assess, treat & monitor



Student recovers and is well to re-join the group, and continue with the course



School/Parent not informed, OBS will manage the non-emergency situation

Student requires further medical attention



OBS will assess, treat & monitor



Student's symptoms are not improving, to be conveyed for further medical attention at clinic/hospital



Parent/Guardian informed
School informed

A photograph of three people wearing yellow life jackets, looking down at a map spread on the ground. The person on the left is wearing a grey cap and glasses. The person on the right is wearing an orange long-sleeved shirt. The person in the middle is wearing a blue shirt. They are outdoors, with a blue door and a white plastic chair visible in the background. The image has a green tint.

3

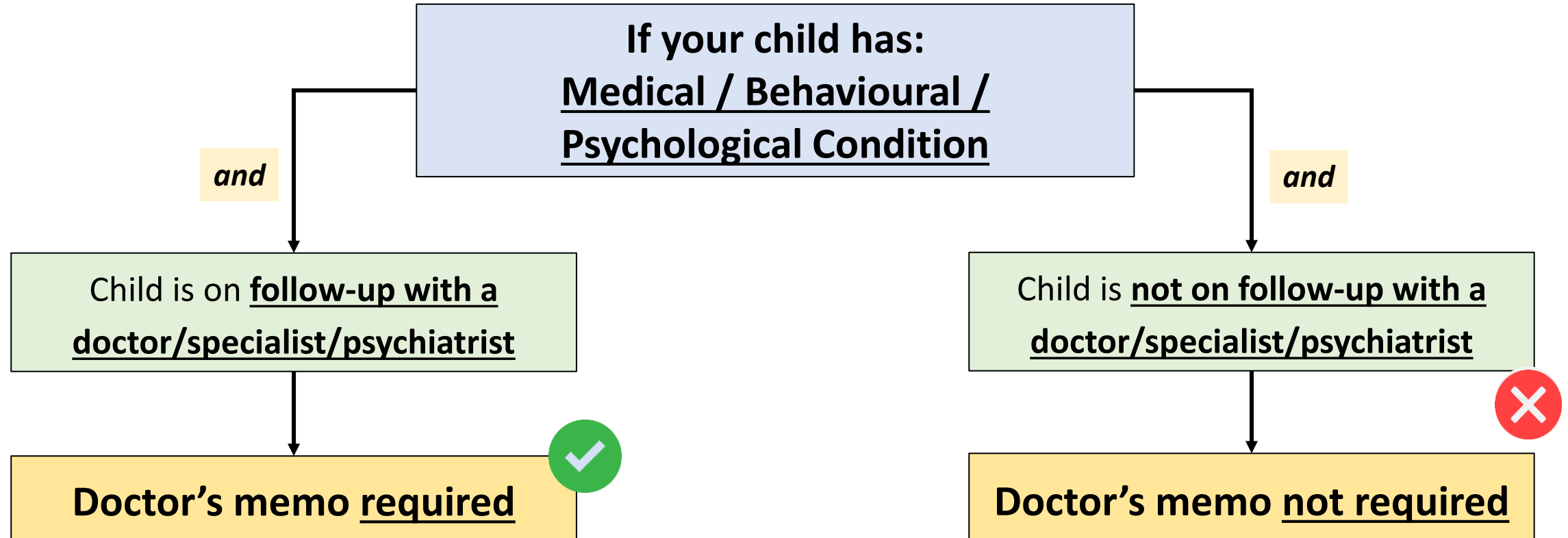
**How do I eRegister
my child?**

Before eRegistration

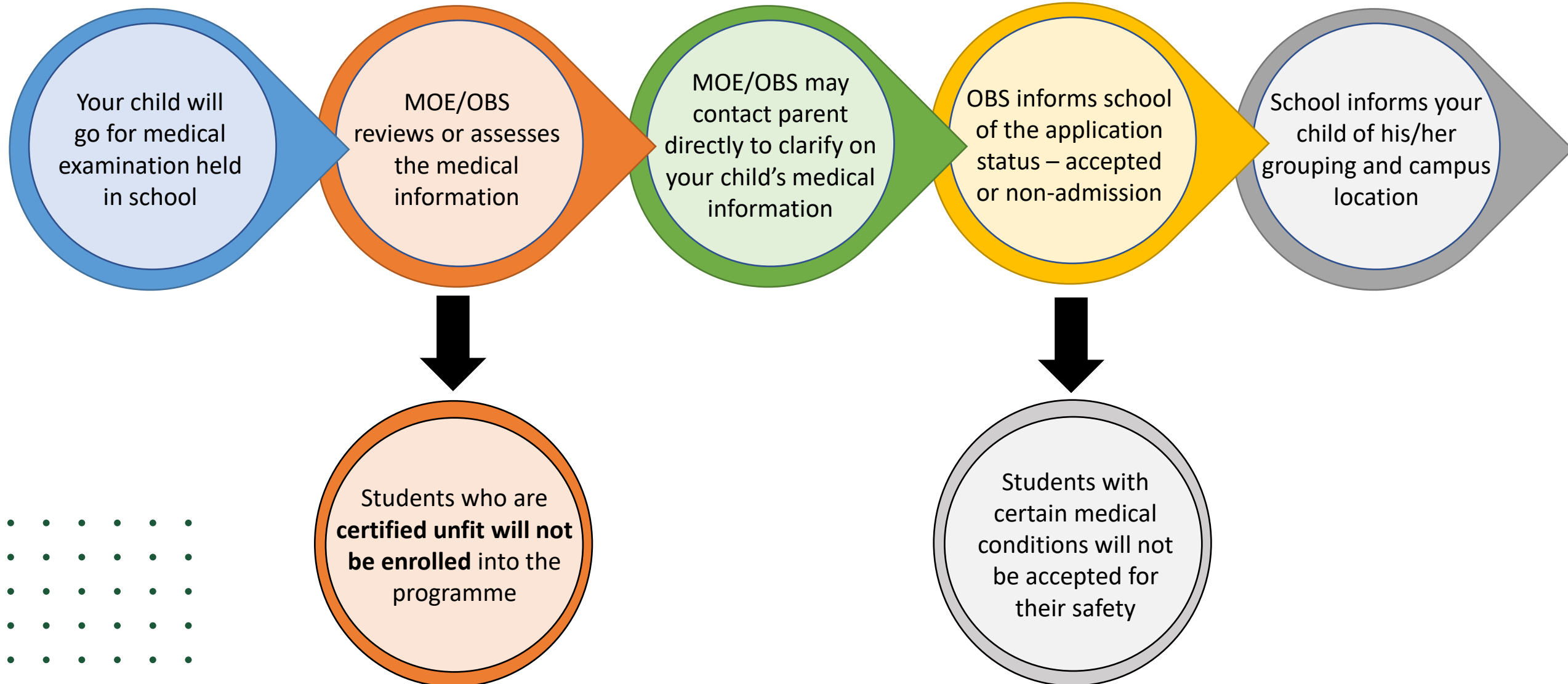
Have the following information & devices ready:

- 1 Mobile phone / Laptop / Tablet Device
- 2 SingPass
- 3 Your child's class
- 4 Your child's email address
- 5 Your child's weight

Conditions that require a specialist's memo



Enrolment





4

Preparing your child for
the medical examination

Pre-participation Medical Examination

MEDICAL EXAMINATION DATE:

10 March 2026

VENUE:

School

- Ensure you have eRegistered your child and declared all information accurately.
- School will arrange for medical examination for students attending the course.
- Remind your child to bring along their NRIC or student's EZ-Link card on the day of their medical examination for identification purposes.

A person is sitting on a large, light-colored rock in a park. They are wearing a white t-shirt, dark pants, and blue sneakers. They are looking down at something in their hands. In the background, there is a large tree with a thick trunk, a body of water, and a path with other people in the distance. The scene is overlaid with a green tint.

5

**How can I help to prepare
my child for the MOC?**

Before the MOC

Prepare your child by encouraging him/her to:

1 Be selfless, supportive & encourage his/her teammates



2 Participate actively



3 Maintain a positive outlook



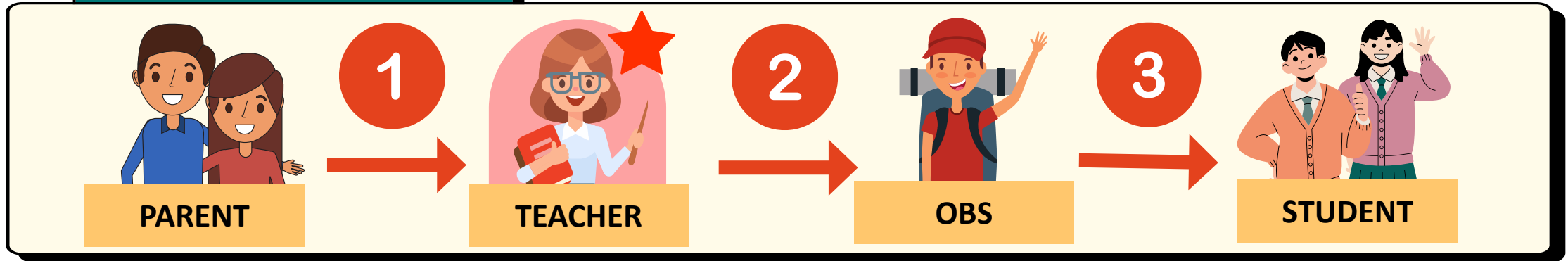
4 Immerse in the experience & environment



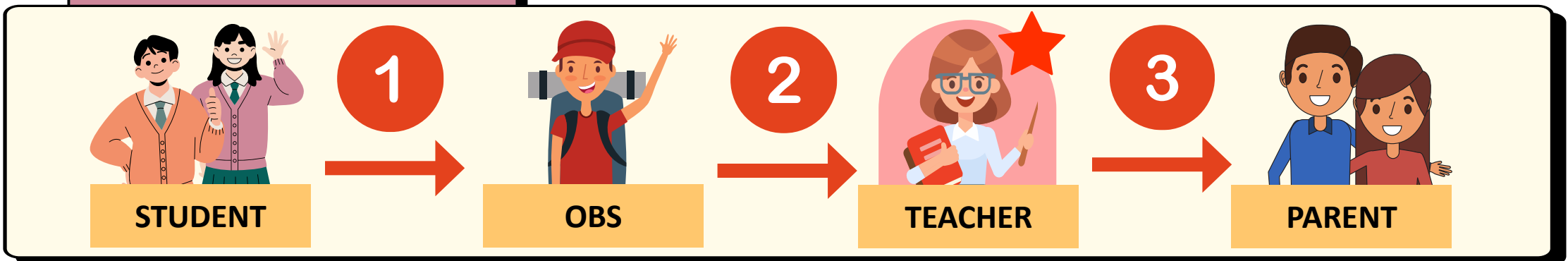
Communicating with your child

24hr School Hotline
Tel: ____xx____

PARENT TO STUDENT



STUDENT TO PARENT



- Your child's valuables, including phone, will be safe-kept during the duration of the programme, this communication channel should only be used in case of emergencies

MOC ASK GOV

Can my child bring his/her handphone?



What happens if my child is unable to swim?



<https://ask.gov.sg/obs>

Scan the QR Code to be directed to MOC ASK GOV

- ✓ An easy interactive and simplified FAQ platform to assist parents' enquiries regarding the MOC course

- Parents may also visit the MOC website (<https://go.gov.sg/moc>) to read up more on the programme



Does my child need to bring a sleeping bag?

Will there be washrooms / toilets available if my child is camping outdoors?



Packing list

These items will be provided by OBS:

- Expedition bag
- Personal Floatation Device (PFD)
- Poncho
- Whistle

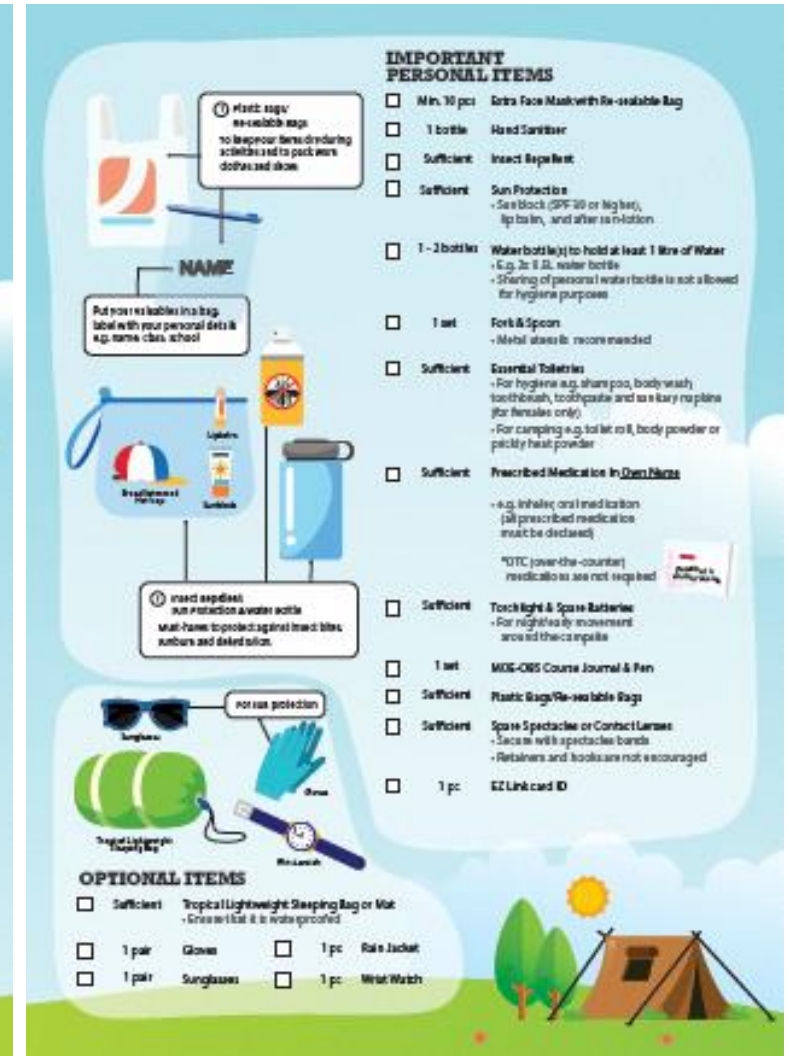
You may refer to this latest packing list:

<https://go.gov.sg/mocpackinglist>



<https://go.gov.sg/mocpackinglist>

**Students are encouraged to borrow required items from family / friends / schoolmates instead of buying.*



“ I regard it as the foremost task of education to ensure survival of these qualities:

an enterprising curiosity;
an undefeatable spirit, tenacity in
pursuit, readiness for sensible self-
denial and above all, compassion

”

————— *Kurt Hahn* —————
Co-founder of Outward Bound



Q & A

